

MID SOMERSET RIDING CLUB

www.msrc-online.co.uk

Training

GYMNASTIC POLE WORK EXERCISES

with

ED HOBBS BHS II

at

**SOUTH BARROW EQUESTRIAN CENTRE, SPARKFORD HALL,
SPARKFORD. BA22 7LD.**

**Fri April 12th 5.30pm, Sat May 18th 2pm, Fri 7th June 5.30pm, Fri 19th July
5.30pm, Fri 16th Aug 5.30pm & Fri 13th Sept 5pm**

Pole work is a great way to activate and stimulate your horse in any training regime. It also encourages the riders to engage those elusive core muscles and quicken your responses.

Come and join our fun and informative group lessons.

The cost will be **£20** per session which **MUST be paid in advance**. Cheques to MSRC. (Non-members please give address on back of cheque)

Non-members welcome – space permitting, at **£25** per session.

BOOKING FORM – ED HOBBS JUMPING CLINICS

Name:

Address:

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.....**Tel:**.....

Horse/Rider ability:.....

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Apr 12 **May 18** **Jun 7** **Jul 19** **Aug 16** **Sept13**

Total (IN ADVANCE) : £

To: Ed Hobbs BHS II, South Barrow Equestrian, Sparkford Hall, Sparkford Som. BA22 7LD

(07968 628 169) Cheques to MSRC (Non-members - address on back please!)

A charge will be made for any dishonoured cheques.

NB. IF ATTENDING ALONE PLEASE SUPPLY A HOME TELEPHONE NUMBER OR OTHER CONTACT NUMBER IN CASE OF EMERGENCY!